

Basic Rock Climbing Camp at Mount Abu

Basic Rock Climbing Camp for girls of Anand Agricultural University was organized in the month of January, 2017 at Swami Vivekananda Mountaineering Institute, Mount Abu by the Director of Students Welfare, AAU, Anand. Total, 65 girls student of different colleges of Anand Agricultural University were participated in the Basic Rock Climbing Camp.

During the camp, theory lectures were included on Principle & Methods of Climbing and Rappelling, Trekking & Camp manner, Belays: types, methods & calls and Rack formation. Also, students learned about three point contact climbing techniques, Straddling, Lay back and lay away. Students also learned different types of belays and rappelling techniques like American side, Stomach and Side Rappelling.

