

## Celebration of World Breastfeeding Week, 2021 at Polytechnic Food Science & Home Economics, AAU, Anand

World Breastfeeding Week is celebrated annually from 1-7 August to encourage breastfeeding and improve babies' health around the world. The day also focuses on maternal health, good nutrition, poverty reduction, etc. Breastfeeding is important for a child as it provides the best possible start in life. It provides health nutritional and emotional benefits to both mother and infant. The theme of 2021 is "Protect breastfeeding: a shared responsibility". It focuses on how breastfeeding contributes to the survival, health and wellbeing of all. Under this theme posters were prepared as an educational tool to spread awareness regarding breast feeding by the students of Polytechnic Food Science & Home Economics, AAU, Anand.



