

## ***Expert Lecture by Dr. M.K. Jhala at CAET, AAU, Godhra***

The Industry Institute Interaction Cell of the College of Agricultural Engineering and Technology Godhra organized an expert lecture and interactive session with Dr. M. K. Jhala, Associate Director of Research, Anand Agricultural University, Anand on 08/03/2018. Dr R Subbaiah, Principal & Dean, welcomed Dr. Jhala to the college with love and affection for the benefit of undergraduate and post graduate students of the college. Dr. Jhala gave a brief presentation on “Life Skills: An Unviewed Horizon”. The lecture is applicable for everyone, who would like to be most successful in career and look for a quality personal life. Ideally if these skills are given, the effect will be seen when the individual is ready to take decisions related to their choice of career and accordingly the selection of courses, be it professional or otherwise. Sometimes we are baffled with indecisive situations and to find answers become a herculean task. In such tricky situations, life skills help to bridge the gap. Keeping this into cognizance Dr Jhala emphasized on different types of life skills like study skills; negotiation skills; employability skills; leadership; presentation skills; parenting skills; time management; organizing skills.

He stressed that personal skills are the essential to maintain a healthy body and mind. He also focused on personal development; interpersonal communication skills; literacy: reading and writing skills and numeracy skills which will be very helpful in carving a stress free life. The interactive session with the students on life skills benefitted students and faculty of the college.



At the end of the program Mr. Hardik Sharma, Assistant Professor, Department of BEAS proposed vote of thanks.