

# **REPORT ON PERSONALITY DEVELOPMENT TRAINING PROGRAM**

## **"IGNITING MINDS"**

An amazing two days personality development programme of 'Igniting Minds' on 15th & 16th February 2017 has been organized by SRC. Igniting means to explode and igniting minds means to explode our thoughts. Dr. R. Swarnkar Prof. & Head of FMPE department, Miss. Ra-dha, HEAD & Service content (SMART SERIES), Mr. Chirag Jadav, Chairman SRC, Dr.M.K.Tiwari, Co- Chairman SRC took part in the inaugural function. The session was led by Mr.HetalTanna, Asst. Professor.

All the invited members briefed about the program and in particular Dr.R.Swarnkar, as a Dean motivated the students and inspired them by telling about the importance of Personality development. Inaugural session come to an end with vote of thanks by Dr.M.K.Tiwari.

The main contents of the training program were displayed on Presentation Prepared by Miss Radha.

The two day sessions were focused on below mentioned topics.

- 1) Goal Setting
- 2) Time Management
- 3) Correcting the way
- 4) Listening Skills
- 5) Team Work

First topic of first day was 'Goal Setting Process'. There were 12 main steps of Goal setting which were very useful for setting the goals. Then exercise was given to students to write about their personal Social, Professional, Financial, Health Goals.

Then after in Post Lunch session there was a second topic of first day Time Management Skills. There were a 5 Time Stealers which stops us to achieve our Goals. Time management exercise was given for 3-4 mins. The exercise of presentation of students to reduce Stage Fear was done by each and every student for 30 Secs. Students were free to select the topics, what they have to present among all students. The video recording of this presentation was done and the next day session started with the correction of the way through which student presented their thoughts.

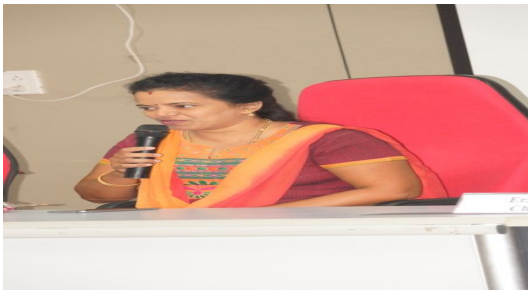
Second day started with new activity for proper listening communication. Trainer told one line to someone and it was passed to each other, in the last all wondered that the line she told was completely changed due to improper listening & communication. Secondly group activity was assigned. All students were divided in to groups and different activities were given to students and all students actively participated individually and as a team. Last two activities was about to problem solving and decision making.

At the end of the session all the students gave feedback about two day session. Few students shared their experience of the sessions. And also Prof. Dr. R. Swarnakar & Mr. Chirag Jadav motivated all students by their experiences and some motivational thoughts followed by the certificate distribution

Vote of thanks offered by SRC Chairman.



Floral welcome & Lamp Lightening



Invitees motivating the students with their thoughts



Introduction of the program by the trainer



Individual Student Activities



Team Work: Students activities in a group.