

Report of the Women's day celebrations held at Anand Agricultural University, Anand on 5th March, 2020

Anand Agricultural University, Anand celebrated **International Women's Day on 5th March, 2020**. The theme of this year's International Women's Day was "Realizing Women's Rights".

The Gender Committee cell AAU, Anand arranged a guest lecture on 5th March, 2020 from 4.00 pm to 6.00 pm at the auditorium of BA College of Agriculture., AAU, Anand. The event was attended by around 250 girl students and women employees of Anand Agricultural University. Dr. Suneeta Pinto, Chairperson, Gender Committee, Anand Agricultural University welcomed the guests and speaker. Dr. Dinesh Patel, Director of Students' Welfare, AAU, graced the event and spoke about the genesis of Women's day and its importance. Dr. Jarita Mallik, Assistant Professor, SMC College of Dairy Science compered the event.

Dr. Jaynaben Param Pathak who is a yoga trainer in skill India, delivered a lecture on "The science of living". She narrated many common women related issues based on her vast experience. She emphasized for women empowerment through improving physical fitness through yoga and pranayama and change in thinking. She discussed the importance of yoga and meditation in understanding the life. For motivating the audience she demonstrated few difficult yoga poses and emphasized the importance of internal beauty. As a part of task assigned by Dr. Jaynaben, four girl students Ms. Dhruvika Prajapati, Ms. Kirti Chaudhary, Ms. Dhruvi Shah and Ms. Disha Chavda collected the views of the audience and narrated their views on beauty, strength, knowledge and love respectively. At the end of the event, Dr. Jarita Mallik, Assistant Professor, SMC College of Dairy Science proposed the vote of thanks and the ceremony ended with National anthem.

A fund was raised through voluntary contributions from the women faculty members and girl students of AAU and useful articles are gifted to Class IV women employees and women farm labourers of AAU.

S.V.Pinto

Chairperson, Gender Committee

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