

## **“ Women Empowerment Program for NCC Girl Cadets”**

**(Date: 24/11/2018 at Sardar Vallabhbhai Patel High School, Khetiwadi, Anand)**

Women Empowerment programme was organized by NCC (Girls), 4GUJ. Girls BN of Anand Agricultural University, Anand in collaboration with Sardar Vallabhbhai Patel High School, Khetiwadi, Anand on 24/11/2018 at 3:00 PM at Sardar Patel School, Anand. Total 250 Girl cadets including 60 cadets from AAU have participated in the programme. Smt. Megha Joshi, renowned writer, speaker and psychologist was present as the chief guest. Lt. Rucha Dave, GCI Panna Joshi, Sub. S.P. Dixit were also present to encourage cadets. Shri. Ketan Patel, Principal of the school started the function with welcome address. Smt. Megha Joshi delivered lecture on the meaning of NCC with new idea, **N-** Means learn to say **NO** to wrong things, **C-** means Care Taker and Care Giver, **C-** Courageous and Courage giver. She also emphasized to set higher goals and work hard to achieve. She shared her experiences of visit with the first lady IPS officer of India, Kiran Bedi.

Lt. Rucha Dave also shared information regarding “Sexual Harassment of women at workplace” including girl students and the laws made by Government. She also explained the importance of Self Defense Training for girls to prevent any unforeseen incident.

GCI Panna Joshi also encouraged cadets to be self dependent and courageous. The programme was concluded by the speech of Shri. Ketanbhai, Principal, Sardar Patel School with vote of thanks.

