

Workshop for Women on "Traditional Super Food: Millet"

at Anand Agricultural University, Anand

International Year of Millet and International Women's Day were jointly celebrated by Faculty of Food Processing Technology and Bio-Energy and Gender Committee, Anand Agricultural University, Anand on 18th March, 2023 at College of Food Processing Technology and Bio-Energy, AAU, Anand. On this occasion a workshop for women on "Traditional Super Food: Millet" was organised for AAU girl students, female employees, Mahila Mandals of AAU and Anand city during 14.00 to 17.30 hrs. Under able guidance of Dr. K. B. Kathiria, Honourable Vice Chancellor, AAU, Convener Dr. Samit Dutta, Principal & Dean, College of FPTBE, AAU, Dr. Dhaval Kathiria in charge Principal & Dean, College of FPTBE, AAU, Organizing Secretary Dr. M. S. Kulshrestha, Joint Organizing Secretaries Dr. Gayatree Jadeja, Dr. Ameer Ravani and Dr. Swati Anadani of the university have played a very important role in organizing this workshop.

Chief guest of inaugural ceremony of millet workshop, Mrs. Jayaben K. Kathiria, President, Anand Agriculture Mahila Mandal and Dr. M. S. Kulshrestha, Chairperson, Gender Committee had inaugurated the workshop by lightening the lamp and made the workshop open for participants and visitors by cutting the ribbon. All guests were welcomed with flower and millet kits.

The workshop emphasised the Millet posters and sample identification, the Anand Agricultural University millet based recommended products, the Krishitattva Agritech Pvt. Ltd. millet based product demonstration and selling, the *rotla* making demonstration and hands on training corner for girls students, the millet based recipe competition of Anand city Mahila mandal women and game zone.

The workshop was fruitful for the female employees, women of Anand city and students as they could have hands on training of *rotla* making, different competitions and games. Around 350 AAU girl students, 100 Anand city women and 50 university officers and faculty members had visited and participated in this workshop. Around 60 Anand city women have demonstrated varieties of delicious dishes made from millets. All visitors have really enjoyed the workshop in true sense as they have realised importance of millets in their daily diet and also learnt how to make various dishes from millets. Appreciation gift and certificates were given to all participant

women in the competition and out of them five winners were judged and felicitated with certificate and prizes by Dr. K. B. Kathiria, Honourable Vice Chancellor, AAU, Dr. M. K. Zala, Director of Research and Dean PG Studies, and Principals of colleges. Dr. Minal Chauhan and Dr. Tanvi Makvana have provided their valuable service by judging the competition. Mrs. Harshila Parmar, Director of Krishitvatva Agritech Pvt. Ltd. was honoured with memento as this is successful start-up from Agri and Food Business Incubator, AAU.













