

WORLD YOGA DAY CELEBRATED AT COLLEGE OF AGRICULTURE, JABUGAM

The celebration of 5th World Yoga day was made with fervor at the College of Agriculture, Jabugam in the entry corridor of the college building. As the semester end examinations have been over, the students are on semester break and hence only 27 students (8th semester students and students with repeat) could participate in yoga day celebration. Apart from students, 18 staff members including Principal and all technical/administrative staff enthusiastically participated in the celebration. Different chalan kriyas, yogasans, pranayam and dhyam were practiced from morning 7.10 to 8.00 hours. The students enjoyed the celebration and made up their mind to inculcate the habit of doing pranayama and yogasans every day.





