

## Celebration of “International Yoga Day” at College of Agriculture and Polytechnic in Agriculture, AAU, Vaso

The International Yoga Day was celebrated at College of Agriculture and Polytechnic in Agriculture, Anand Agricultural University, Vaso on June 21, 2018. As a part of this celebration, students and staff members actively participated and performed different Yoga Asanas like *Pranayam*, *Trikonasan*, *Tadasan*, *Utkatasana* and many others under the guidance of Dr. Y. M. Shukla, Principal and Unit Head during the morning hours. The celebration was clubbed with a guest lecture on “*Rajyog*” delivered by Kum. Taruben, a representative from *Prajapita Brahma Kumaris*, Vaso.









