

## **Celebration of “International Yoga Day” at College of Agriculture and Polytechnic in Agriculture, AAU, Vaso**

The International Yoga Day was celebrated at College of Agriculture and Polytechnic in Agriculture, Anand Agricultural University, Vaso on June 21, 2018. As a part of this celebration, students and staff members actively participated and performed different Yoga Asanas like *Pranayam*, *Trikonasan*, *Tadasan*, *Utkatasana* and many others under the guidance of Dr. Y. M. Shukla, Principal and Unit Head during the morning hours. The celebration was clubbed with a guest lecture on “*Rajyog*” delivered by Kum. Taruben, a representative from *Prajapita Brahma Kumaris*, Vaso.















