



**COLLEGE OF HORTICULTURE  
ANAND AGRICULTURAL UNIVERSITY**



**AAU, ANAND**

**REPORT**

**ON**

**Three Day's Personality Development Workshop**

Personality Development Workshop for three day's during was jointly organized by Training and Placement Cell of College of Horticulture, Anand Agricultural University, Anand & SHURUD: Counselling and Coaching Life skills, Vadodara at College of Horticulture during 16<sup>th</sup> to 18<sup>th</sup> September 2022. Total 56 students of seventh semester were participated in three day's workshop.

During, three days workshop Building of self-confidence, Resume writing, Dressing etiquettes for interview, E-mail etiquettes, Skills for group discussion, Communication skills, Mock interviews, Public speaking, Tips to face interview, Presentation skills, Advance communication skills, Interpersonal skills, Ice breaking activities etc. like various topics were covered.

Workshop was started with Inauguration function graced by dignitaries including Director of Students Welfare Dr. D. H. Patel, Principal & Dean, College of Horticulture Dr. N. I. Shah, Training and Placement cell in-charge, COH, AAU: Dr. A. H. Barad, SRC Chairman, COH, AAU: Dr. H. N. Prajapati and Ms. Nitu Singh Bhadhouria, SUHRUB: Counselling and Coaching Life skills, Vadodara. The function started with prayer by girls of 7<sup>th</sup> semester followed by welcome address given by Training and Placement cell in-charge. DSW, Dr. D. H. Patel had given the information regarding importance of personality development during post education phase. Principal & Dean, Dr. N. I. Shah had information regarding role of personality development during interview and group discussion.



**Inauguration Function**

## Day 1: 16<sup>th</sup> September 2022

First session started with an ice breaking activity similar to musical chair which was arranged to make understand the importance of listening in communication which also taught how we can avoid misunderstandings by just listening and understanding the things opposite person is trying to speak. Later the session was arranged about self confidence in which taught importance and power of self-confidence; also learnt various ways to be self-confident.



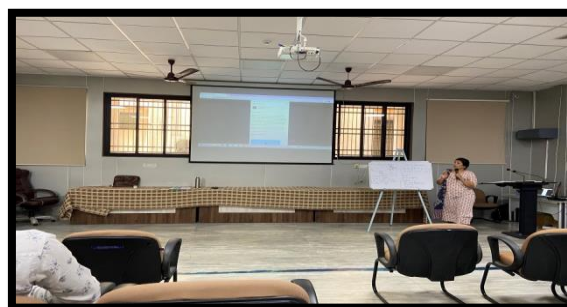
### Ice Breaking Activity

In noon resume writing session was arranged in which taught about the importance of good resume and interview questions based on resume, than taught about how we can make an effective resume. Next 56 students were divided into groups of 4 and mock interviews were conducted which was great experience that helped to grow to communication skills.

## Day 2: 17<sup>th</sup> September 2022

The session started with activity which taught to about presentation skills exactly after that a session about presentation skills was arranged in which about body language, facial expressions and gestures which play very important role in presentation.

Next session was about email etiquette which was really knowledgeable and to learnt many new things about writing an email to someone especially how to address someone in an e-mail.



### Presentation skill

Afternoon session started with the practice of pranayama and was continued by group discussion skills and activity related to group discussion in which to learnt different group discussion skills and also did group discussions with each other classmates which was really fun along with learning.

### **Day 3 : 18<sup>th</sup> September 2022**

The day started with mock interviews along with resumes. Student were divided into groups to conduct interview along with questions based on resume of candidate. Mam personally visited all the groups and gave feedback which was very beneficial for growth of individual.

Next again a group discussion session was arranged but with different topics so that participated practice to group discussions and gain confidence and experience. Q/A session was arranged in which all participate doubts were cleared and at last the workshop was ended by activity were all the students were asked to greet each other and start communication which taught to how to improve the participates communication skills or how canwe start any conversation.



### **Mock Interview**

At the end certificate distribution and feedback session was arranged in presence of Principal & Dean, COH, AAU: Dr. N. I. Shah, Training and Placement cell in-charge Dr. A. H. Barad, and Facilitatore Ms. Nitu Singh Bhadouria in which students and facilitator shared their experience and certificates were distributed. Workshop was ended with lots of new knowledge gained by students along with enjoyment and vote of thanks given by student of 7<sup>th</sup> Semester.



### Feedback and Certificate Distribution



### General feedback given by students:

1. Increase the training period up to 1 week.
2. Addition of different activities on soft skill.

### Participated student's category list

Sr. No	Category	Participated Students
1	GENERAL	09
2	EWS	10
3	SEBC	26
4	SC	04
5	ST	07
Total Participated students		<b>56</b>