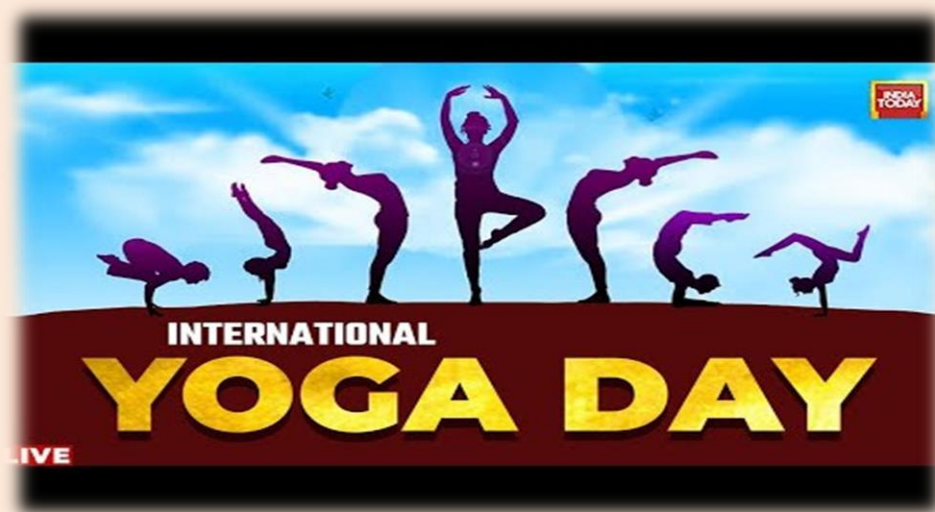


**International Yoga Day Celebrated at
Polytechnic in Agricultural Engineering, AAU, Dahod
on 21/06/2025**



The Polytechnic in Agricultural Engineering, Anand Agricultural University, Dahod, celebrated **International Yoga Day** on **21st June 2025** with great enthusiasm and dedication on the college premises in front of the Workshop Building. The event witnessed the active participation of both teaching and non-teaching staff members, promoting the importance of physical and mental well-being through yoga.

Two experienced yoga coaches, Mr. Mahesh Modi and Mrs. Harsha Bhatiya from the Heartfulness Organization, were invited as yoga tutors for the session. Under their expert guidance, participants engaged in various yoga asanas, breathing techniques, and meditation practices focused on achieving holistic health and inner peace.

As students were on holiday, they actively participated in the yoga celebration **remotely through online platforms**, ensuring their involvement despite physical absence. The initiative highlighted the institution's commitment to promoting a healthy lifestyle among all stakeholders.

The program was successfully coordinated under the leadership of Dr. F.G. Sayyad (SRC Chairman) and the NSS Programme Officer, with all arrangements including yoga mats and aids managed efficiently by Er. M.S. Khardiwad **and** Er. J.B. Bhimani. Mr. N.D. Pandya captured memorable moments of the session through photography.

Principal Dr. S.S. Chinchorkar appreciated the efforts of all participants and organizers, emphasizing the role of yoga in maintaining a balanced and productive academic environment.

