



NATIONAL SERVICE SCHEME

Annual Report 2020-21



ANAND AGRICULTURAL UNIVERSITY

ANAND 388 110

1. NSS ADVISORY COMMITTEE

No.	University Members	
1	Vice Chancellor	Chair Person
2	Programme Coordinator	Member Secretary
3	Registrar	Member
4	Comptroller	Member
5	All College Principals	Member
6	All Programme Officers	Member
7	Faculty Representative (Chairman SRC)	Member
8	NSS Student Representative 2 (Two) Agriculture College	Member
	Other Members	
1	Youth Officer / Regional Head, Ahmedabad	Member
2	Representative, Indian Red Cross Society, Anand	Member
3	Higher Education Commissioner, Gandhinagar	Member
4	Representative, National Cadet Corps, Anand	Member
5	Representative, Art of Living, Anand	Member
6	Programme Officer, NSS, Gujarat Vidyapeeth, Ahmadabad	Member
7	2 Students Representatives from Colleges of AAU Anand	Member

2. NSS Volunteers at different institutions

No.	Name of the College	No. of Volunteers	
		Regular Activities	Special Activities
1	B.A. College of Agriculture, Anand	180	90
2	College of Veterinary Science & Animal Husbandry, Anand	140	70
3	College of Dairy Science, Anand	130	65
4	College of Food Processing Technology & Bio Energy, Anand	100	50
5	College of Agricultural Information Technology, Anand	100	50
6	College of Horticulture, Anand	100	50
7	College of Agricultural Engineering Technology, Godhra	100	50
8	College of Agriculture, Vaso	100	50
9	College of Agriculture, Jabugam	100	50
10	Polytechnic in Agriculture, Anand	70	35
11	Polytechnic in Food Science and Home Economics, Anand	70	35
12	Polytechnic in Agriculture, Vaso	70	35
13	Polytechnic in Horticulture, Vadodara	70	35
14	Polytechnic in Agriculture Engineering, Dahod	70	35
	Total	1400	700

3. NSS TEAM

1	Anand Agricultural University	Dr. Dinesh H. Patel	Programme Coordinator
2	B.A. College of Agriculture, Anand	Dr. N.D. Joshi	Programme Officer
3	College of Veterinary Science & Animal Husbandry, Anand	Dr. K.A. Sadariya	Programme Officer
4	College of Dairy Science, Anand	Mr. Y. V. Vekariya	Programme Officer
5	College of Food Processing Technology & Bio Energy, Anand	Dr. K.V. Vala	Programme Officer
6	College of Agricultural Information Technology, Anand	Dr. D. K. Parmar	Programme Officer
7	College of Horticulture, Anand	Ms. Geetaben Chaudhary	Programme Officer
8	College of Agricultural Engineering and Technology, Godhra	Mr. K. R. Jethva	Programme Officer
9	College of Agriculture, Vaso	Ms. Pushpaben Parmar	Programme Officer
10	College of Agriculture, Jabugam	Dr. A.N. Rathva	Programme Officer
11	Polytechnic in Agriculture, Anand	Dr. J.I. Nanavati	Programme Officer
12	Polytechnic in Food Science and Home Economics, Anand	Ms. G.R. Jadeja	Programme Officer
13	Polytechnic in Agriculture, Vaso	Mr. S.R. Luhar	Programme Officer
14	Polytechnic in Horticulture, Vadodara	Mr. V. D. Rathva	Programme Officer
15	Polytechnic in Agriculture Engineering, Dahod	Mr. S.S. Chinchorkar	Programme Officer

4. National Service Scheme (NSS)

The Department of Youth Affairs and Sports, Ministry of Human Resources Development, New Delhi had started the National Service Scheme in 1969-70. The basic purpose of this scheme is to develop responsibility through social services and realization of work and discipline. National Service Scheme is functioning in all the UG colleges and Polytechnics of Anand Agricultural University. During the year under report, volunteers registered for regular activity and for special camp are as under:

Sr. No.	Activity	No. of registered volunteers
1	Regular activities	1400
2	Special camp activities	700

During the spare time of academic programme the volunteers are directly involved in the activities related to the problems and requirements of the society and its development through various fields of N.S.S. They are also inspired to work for Environment, Health, Family Welfare,

Hospitals and other organizations during natural calamity for the benefit of society and to work with people in the villages and slums.

The social activities carried out by N.S.S. are divided in two groups:

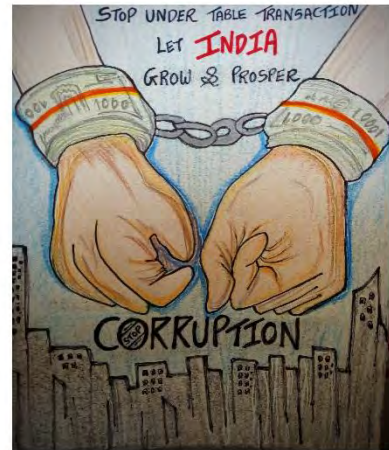
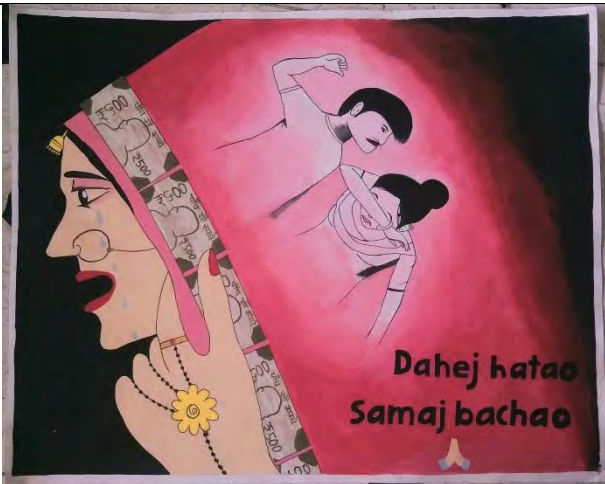
4. (A) Regular activities

The regular activities carried out by the university during the reporting year include:

- Celebration of the Independence day and Republic Day
- Celebration of 'Matrubhasha Divas'
- Celebration of NSS Day
- Tree Plantation Programme
- Celebration of International Day of Yoga
- Celebration of International Women's Day
- Celebration of Swaschhta Pakhwada
- Rashtriya Poshan Maah
- Fit India Movement
- Voter Awareness Programme
- Celebration of Agricultural Education Day
- Gandhi Jayanti
- Webinar on Yoga
- Distribution of Ayurvedic Kava for boosting Immunity
- Awareness programme on Covid-19
- Campus Sanitization Programme
- Poster and Slogan making competition on COVID-19 awareness
- Celebration of vigilance awareness week with integrity pledge
- Celebration of World Soil Day
- Celebration of Sadbhavana Divas
- Online awareness lecture on 'Importance of Fitness to fight against COVID-19'
- Poster Competition-2020 on 'Gandhi Jayanti'
- A Webinar on 'Making Health and Nutrition a Priority During the COVID-19 Pandemic'
- National Voters Day
- Online Poster Competition on observance of Vigilance Awareness
- A sustainable response to Covid-19
- Yoga and Meditation awareness programme
- Celebration of Shaheed Diwas
- Awareness Programme on Road Safety & Traffic



Tree Plantation



Online Poster Making Competition



International Day of Yoga

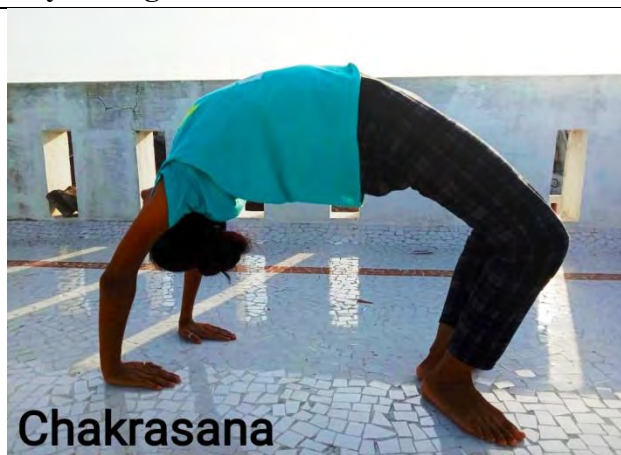
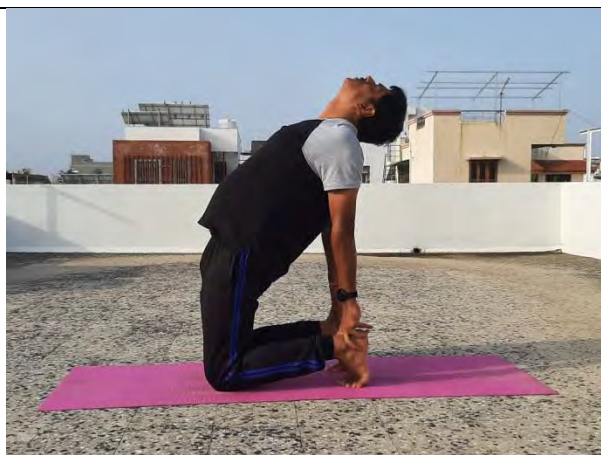
(1) International Day of Yoga

June 21 is declared as International Day of Yoga by the United Nations. The Ministry of AYUSH has announced to celebrate International Day of Yoga on the theme of YOGA @ HOME and YOGA WITH FAMILY due to the Covid-19 pandemic. 6th International Day of

Yoga was celebrated on June 21, 2020, in which unit/sub-unit officers, employees, students, NSS volunteers and university residents performed yoga at home along with their family members. The entire programme was organized by Dr. Dinesh H. Patel, Director, Students Welfare & Programme Coordinator, NSS, Anand Agricultural University, Anand.



International Day of Yoga



(2) Webinar on Yoga

As per the guidelines of the Ministry of AYUSH, a webinar on 'Yoga nu vastavik svaroop' organized through Zoom App at Anand Agricultural University on 19/06/2020 during 3.00 to 4.00 pm. The webinar was also live streamed on AAU Facebook link. Dr. Jayana Param Pathak, Yoga Instructor, Gujarat State Yoga Board and Patanjali Yogpeeth delivered a lecture. The webinar was handled by the office of Director of Information Technology, AAU, Anand. The university officers, employees and students, unit/sub unit officers etc. participated in the webinar.



Webinar on Yoga



(3) Distribution of Ayurvedic Kava for boosting Immunity

The whole world is suffering from a pandemic due to Covid-19. In such a difficult time, everyone should make efforts to boost their immunity. Keeping this in mind, with the intention of boosting the immunity of scientists, officers, employees and farm labourers, Ayurvedic kava distribution programme was organized during June 09-10, 2020. More than 1500 employees, officers and farm labourers benefited from it. The entire programme was successfully organized by Dr. H.L. Dhaduk, Research Scientist, Medicinal and Aromatic Crop Research Center and Dr. Dinesh. H. Patel, Director, Students' Welfare & Programme Coordinator, NSS, Anand Agricultural University, Anand.



Distribution of Ayurvedic Kava for boosting Immunity



(4) Campus Sanitization Programme

The office of the Directorate of Students' Welfare carried out Campus sanitization programme on 19/04/2020 by sanitizing office buildings, college buildings, hostels, roads etc to prevent the spread of Covid-19.



Campus Sanitization Programme

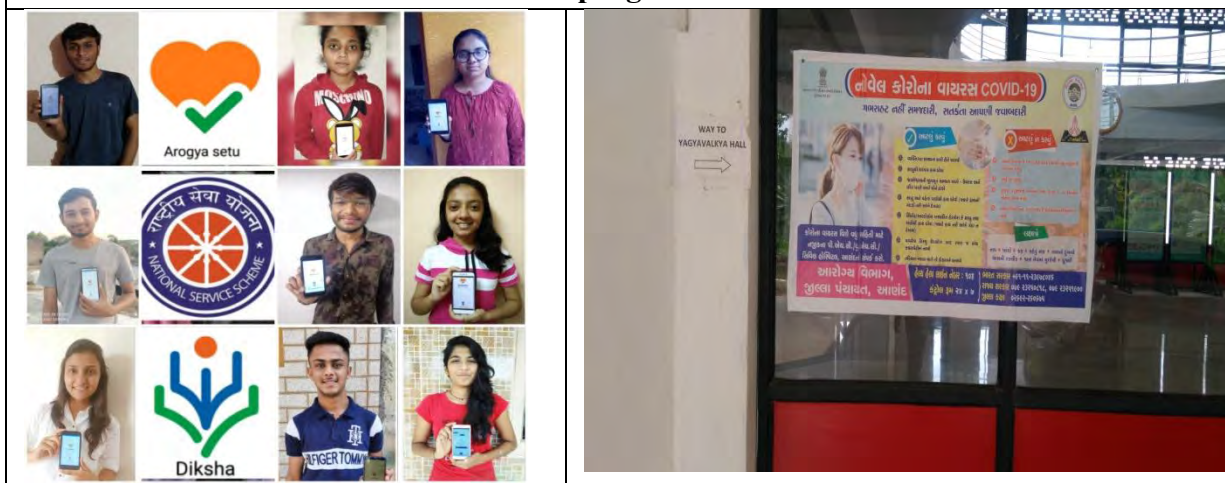


(5) Awareness Programme on Covid-19

NSS Volunteers and employees of Anand Agricultural University joined in awareness programme on Novel Corona Virus during Covid-19 pandemic and lockdown period. University Officers, Unit/sub unit officers, employees, students, NSS Volunteers and NCC Cadets downloaded the Arogya Setu Mobile app and started using the app in their day to day life.



Awareness programme on Covid-19



(6) Celebration of 74th Independence Day

Anand Agricultural University celebrated 74th Independence Day on August 15, 2020 at University Bhavan by following covid-19 prevention guidelines. University officers and Deans remained present in the celebration of this National Day. Dr. R.V. Vyas, Hon. Vice Chancellor hoisted the flag and delivered a speech. He commemorated the freedom fighters during the independence of the country, paid homage to them and to the soldiers who were recently martyred. Special emphasis laid on self-reliant agriculture, new education policy, opening of new FPOs etc. He thanked all the officers, employees and farm laborers for responsibly doing their jobs during the difficult times of Corona Pandemic. The entire

programme was coordinated by Dr. Dinesh H. Patel, Director, Students' Welfare & Programme Coordinator, NSS, Anand Agricultural University, Anand.



(7) Snehmilan Samaroh

Sneh Milan of Vikram Savant 2077, a New Year of Hindu religion was celebrated on November 19, 2020. Due to Covid-19 Pandemic, this year Snehmilan Samaroh was organized on Online Platform through Zoom App. The live streaming of the programme was also telecasted on Facebook page of AAU, Anand. Dr, R.V. Vyas, Hon. I/C Vice Chancellor, AAU, Anand, all the University officers, Deans of the different faculties, staffs and students joined the programme and extended New Year wishes. Dr. Dinesh H. Patel, Director, Students' Welfare & Programme Coordinator, NSS, Anand Agricultural University, Anand coordinated the programme.



(8) Celebration of 72nd Republic Day

Anand Agricultural University celebrated 72nd Republic Day on January 26, 2021. All University Officers, staff, students of different faculties and family members remained present to grace this yearly celebration. Dr. R.V. Vyas, Hon. I/C Vice Chancellor hoisted the flag.

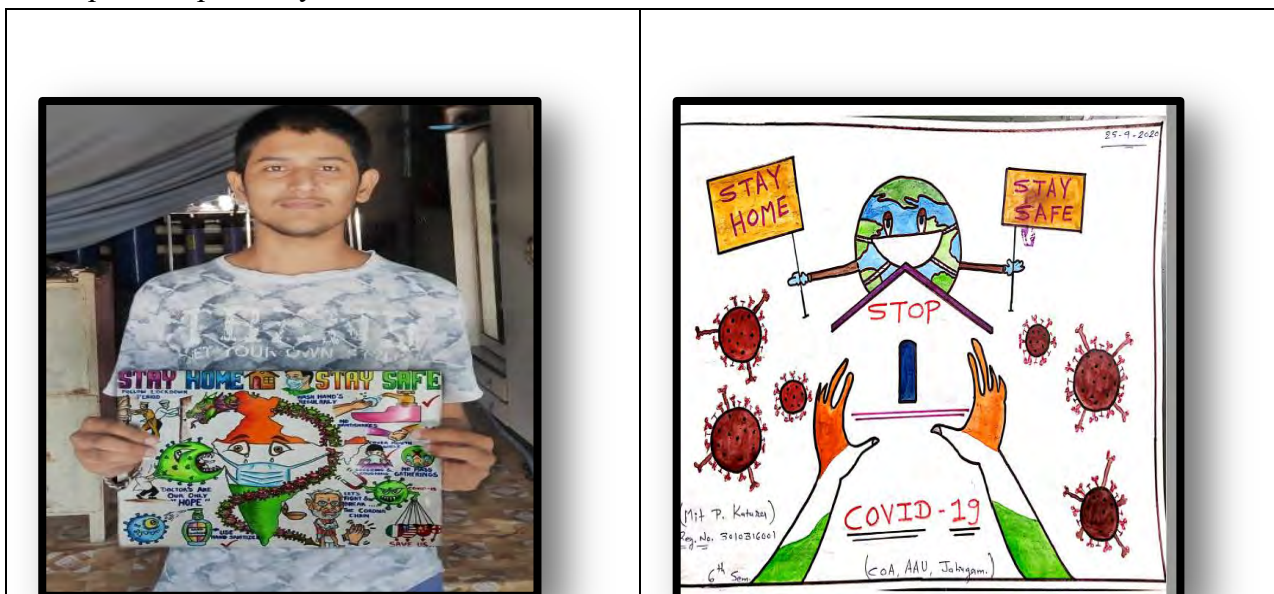


Celebration of 72nd Republic Day



(9) Poster and Slogan making competition on COVID-19 awareness

College of Agriculture, Jabugam organized a poster and slogan making competition on COVID-19 awareness on 25 September 2020. 55 participants designed a poster highlighting the importance of safety measures such as washing hands at frequent intervals, maintaining social distancing, and wearing masks at public places all the time in curbing the spread of COVID-19. Chauhan Shivrajsinh V, Patel Hardik H., Chauhan Pruthviraj B. were awarded first, second and third prize respectively.





(10) Celebration of NSS Day

College of Agriculture, Jabugam organized a Tree Plantation Programme on 24th September, 2020 to celebrate the NSS Day. Total 48 students along with family members participated in tree plantation at their home.



(11) Celebration of Vigilance Awareness Week

College of Agriculture, Jabugam celebrated Vigilance Awareness Week from 27th Oct to 2nd Nov. 2020. In observance of the vigilance awareness, all the staff members took an integrity oath with zeal and enthusiasm to eliminate corruption in public life.

The NSS unit of College of Horticulture, Anand Agricultural University, Anand organized online poster competition on Observance of Vigilance Awareness Week from 27-10-2020 to 02-11-2020 with the theme 'Vigilant India, Prosperous India'. (Satark Bharat Samridh

Bharat). The objective of competition was to make students adaptive to online platform along with create platform for participants to showcase creativity in pandemic situation.

Total 55 students participated in the event. The students prepared poster on various topics like Corruption, Stop 'Under the Table' Transactions, Let India Grow & Prosperous and Vigilant India

The poster presentation competition was successfully organized by Mrs. Gita Chaudhari, NSS Programme Officer under the guidance and support from Dr. N. I. Shah, Principal; & Dean, College of Horticulture.



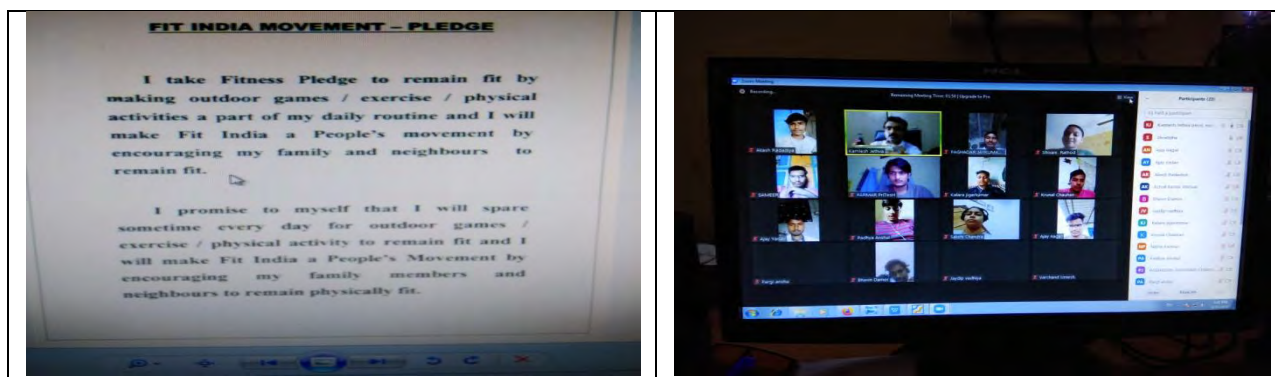
(12) **Sadbhavna Divas**

The birth anniversary of Prime Minister Late Shri Rajiv Gandhi on 20th August is observed as '**Sadbhavna Divas**' every year. The theme of Sadbhavna is to promote National Integration and Communal Harmony among people of all religions, languages and regions. The idea behind observance of Sadbhavna Divas is to eschew violence and to promote goodwill among people. In context to this, a '**Sadbhavna Pledge**' is organized by NSS Unit of College of Agricultural Engineering and Technology, AAU, Godhra. Faculty members/staffs took a pledge by following the SOP guidelines.



(13) Online awareness lecture on ‘Importance of Fitness to fight against COVID-19’

An online awareness lecture on ‘Importance of Fitness to fight against COVID-19’ was organized by NSS unit of CAET, Godhra on 19/09/2020 to aware the students about importance of fitness in their routine life. The programme was started with ‘Fitness Pledge’ followed by a lecture on importance of fitness in current situation of Covid-19 pandemic by Er. Kamlesh Jethva.



(14) ‘Poster Competition-2020’ on ‘Gandhi Jayanti’

The NSS Unit of CAET, AAU, Godhra organized an online ‘Poster Competition-2020’ on themes like ‘Importance of nutritional food for immunity booster’, ‘contribution of corona warriors in COVID-19’, ‘Swachhta hi Seva’ and ‘Fit India Movement’ on the occasion of ‘Gandhi Jayanti-2020’ on 2nd October, 2020. The students were awarded with certificate.



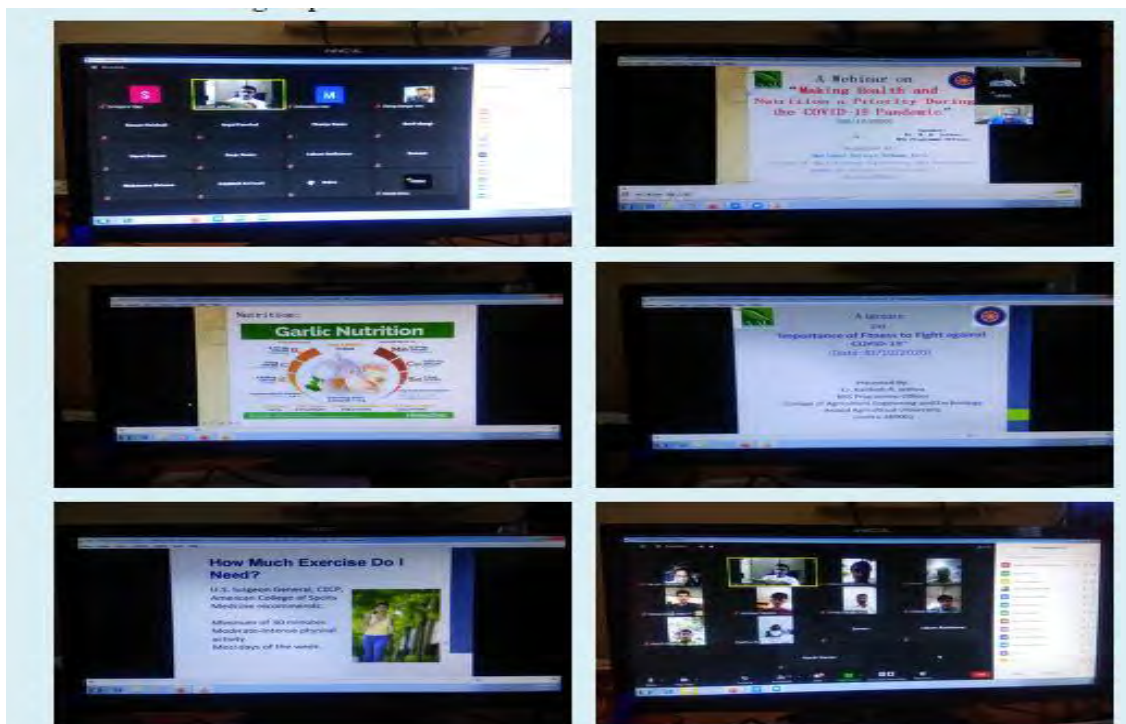
(15) Essay Competition on Agricultural Education Day

The NSS Unit of CAET, Godhra organized an online 'Essay Competition-2020' on the occasion of 'Agricultural Education Day'. 14 students participated in the competition. The best three students were awarded, prizes and certificates.



(16) A Webinar on “Making Health and Nutrition a Priority During the COVID-19 Pandemic”

The NSS unit of CAET, Godhra organized a Webinar on “Making Health and Nutrition a Priority during the COVID-19 Pandemic” on 03/10/2020 as a part of celebration of ‘Rashtriya Poshan Maah’ and ‘Fit India Movement-2020. The faculty members, students and NSS Volunteers participated in the webinar. Er. K. R. Jethva, Asstt. Prof. (PFE Department) delivered two lectures on ‘Importance of Food Nutrition to Boost Immune System’ and ‘Importance of Fitness in COVID-19 Pandemic’.



(17) Celebration of World Soil Day

Sheth D. M. Polytechnic in Horticulture, Model Farm, AAU, Vadodara celebrated 'World Soil Day' on 05-12-2020. Poster Presentation competition on the topic 'Soil Microorganism and Soil Health' was held through virtual platform by Indian Society of Soil Science, Anand Chapter, AAU, Anand. 40 students participated in the event. The prizes were given to the winners by Indian Society of Soil Science, Anand chapter, AAU, Anand.



(18) Celebration of National Voters Day

The National Voters Day was organized on 25-01-2021 at Sheth M. C. Polytechnic in Agriculture, AAU, Anand. The Volunteers took a pledge. The Volunteers were made aware about their voting rights.



(19) Celebration of International Women's Day

International Women's Day was celebrated on 17-03-2021. Essay writing, Best out of Kitchen West, *Shayri*, poem, and cooking competitions were organized at university.

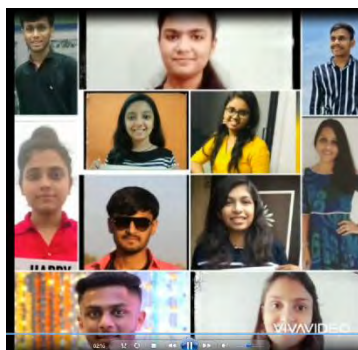
(20) Tree Plantation

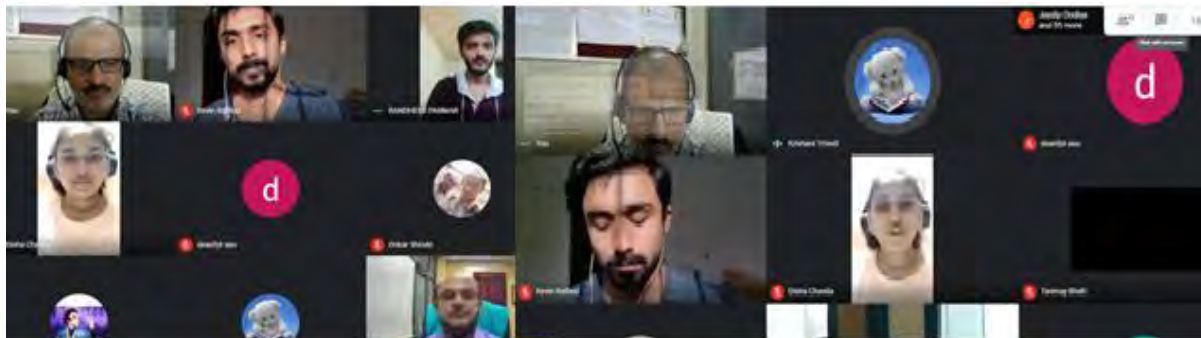
A Tree Plantation Programme was organized at College of Food Processing Technology and Bio Energy, AAU, Anand on 11/08/2020. On this occasion Dean and Principal and all the staff members remained present. Ten trees and 150 Karmada plants planted around the college campus.



(21) International Day of Peace Celebration

The International Day of Peace was established in 1981 by the UN General Assembly to commemorate and strengthen the ideals of peace both within and among all nations and peoples. The International Day of Peace was celebrated on 21-09-2020 on the theme 'Shaping Peace Together'. Students prepared poster and audio-video song to spread compassion, kindness and hope in the face of the COVID-19 pandemic. The NSS was formed in 24th September 1969 with an aim to "inculcate the social welfare thoughts in the students and to provide service to the society without any prejudice. in 37 universities involving 40,000 students. With this aim National Service Scheme day is observed every year on 24 September across the nation. The NSS volunteers prepared audio-video clip explaining the importance of NSS activities and presented on Google Meet platform. Dr. Dinesh H. Patel Director, Students' Welfare & Programme Coordinator, NSS, Dr. R.F. Sutar, Principal and Dean, College of Food Processing Technology and Bio Energy and all the staff members of college attended the programme.



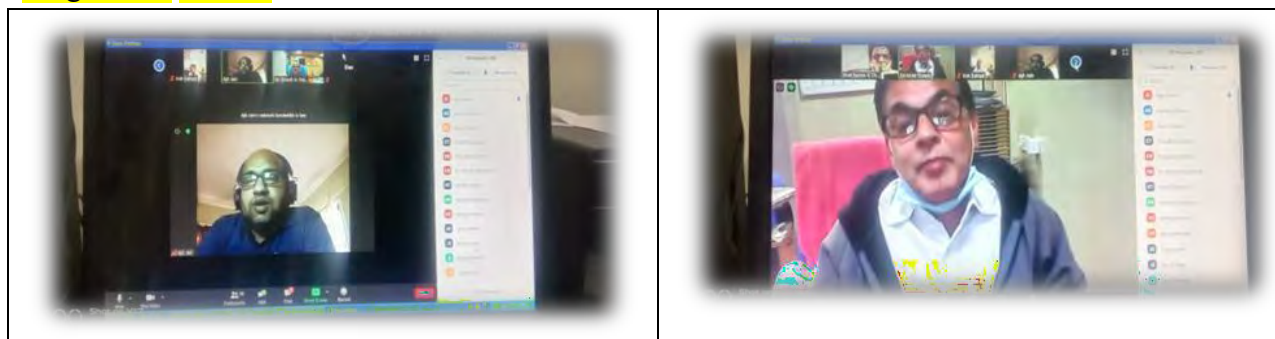


(22) Observance of Agricultural Education Day

The NSS Unit of College of Horticulture, AAU, Anand organized an online ‘Essay Competition-2020’ on 03-12-2020 on the occasion of ‘Agricultural Education Day’ to commemorate the birth anniversary of Dr. Rajendra Prasad, the first President of Republic of India.

The NSS unit of Polytechnic in Agricultural Engineering, Anand Agricultural University, Muvaliya Farm, Dahod and Nehru Yuva Kendra, Dahod (Ministry of Youth Affairs and Sports, Govt. of India) jointly organized online webinar “Importance of Agriculture Education Day in India” on 03-12-2020. Mr. Ajit Jain, Youth Coordinator NYK, Dahod welcomed all the Dignitaries, Faculties, students and NSS volunteers and briefed about the webinar. The faculty members, students and NSS volunteers actively participated in this webinar.

Dr. M. M. Trivedi, Principal, PAE, AAU, Dahod focused on major purposes of agricultural education and how to apply the knowledge and skills learned in several disciplines to agricultural education. Dr. A. C. Vaidya, Senior Scientist and Unit Head, KVK, AAU, Dahod motivated the students and explained the importance of Agriculture in Human life and in National Development. Mr. Suthar, Chief Guest of DAO, Dahod encouraged the students to choose agriculture as a profession by explaining the job prospects. The Guest of Honor of the webinar Dr. D. H. Patel, Director, Students’ Welfare & Programme Coordinator, NSS, AAU, Anand explained how to strengthen the future of agriculture and its importance in India, and how to attract and encourage youngsters towards agriculture sector. He also emphasized on the massive awareness programmes among the youth focusing on various facets of agriculture and related subjects. The Vote of Thanks was delivered by Mr. Sachin S. Chinchorkar, NSS Programme Officer.





(23) A Sustainable Response To Covid-19

The NSS Unit of Polytechnic in Agricultural Engineering, Anand Agricultural University, Muvaliya Farm, Dahod and Nehru Yuva Kendra, Dahod (Ministry of Youth Affairs and Sports, Govt. of India) jointly organized on 'A Sustainable Response to Covid-19' on 21-10-2020. Mr. Ajit Jain, Youth Coordinator NYK, Dahod welcomed all the Dignitaries, Faculties, students and NSS volunteers and briefed about the webinar. The faculty members, students and NSS Volunteers actively participated in this webinar.

The Chief Guest of the Programme Dr. Dinesh H. Patel, Director, Students' Welfare & Programme Coordinator, NSS, AAU, Anand explained different types of crisis and how a crisis often creates stress and emphasized on the eco-systemic crisis of which Covid-19 is an offshoot and suggested practical strategies to deal with the crisis.

Dr. M. M. Trivedi, Principal, PAE, AAU, Dahod gave the detail information about Covid-19 and advised students to follow the guidelines of WHO.



(24) Webinar on ‘Community Awareness on Bird Flu and Precautions’

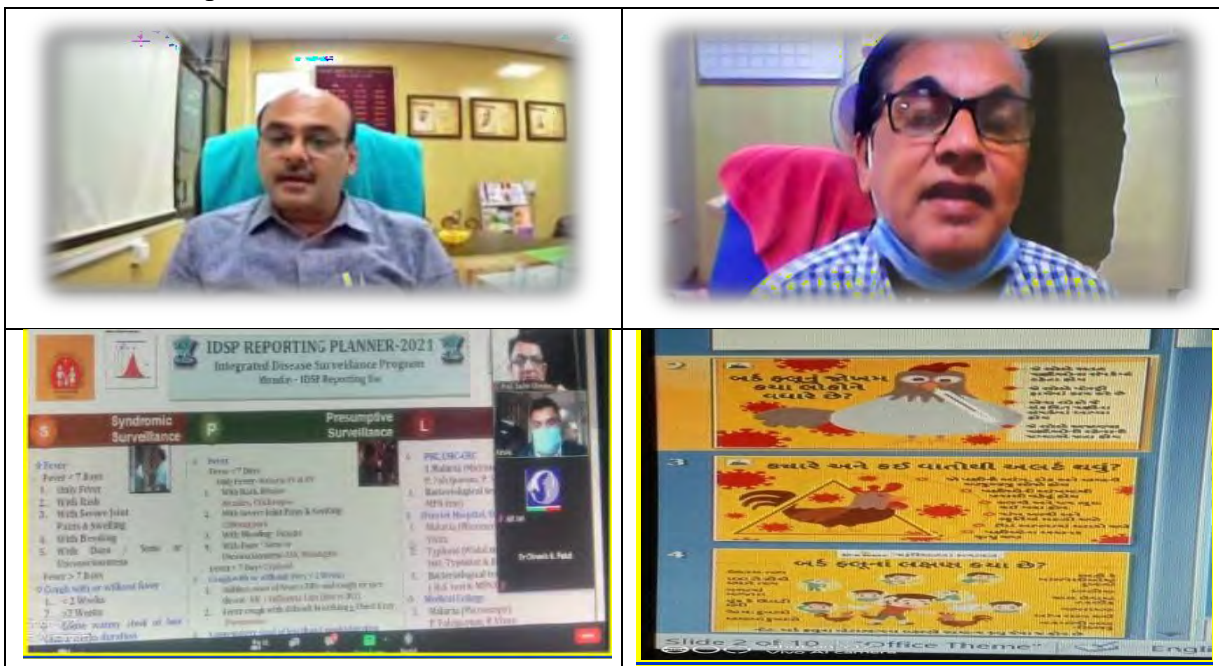
The NSS Unit of Polytechnic in Agricultural Engineering, Anand Agricultural University, Muvaliya Farm, Dahod and Nehru Yuva Kendra, Dahod (Ministry of Youth Affairs and Sports, Govt. of India) jointly organized 6th online webinar on ‘Community Awareness on Bird Flu and Precautions’ on 19-01-2021. Mr. Ajit Jain, Youth Coordinator, NYK, Dahod welcomed all the Dignitaries, Faculties, students and NSS volunteers and briefed about the webinar. The faculty members, students and NSS volunteers actively participated in this webinar.

Dr. M. M. Trivedi, Principal, PAE, AAU, Dahod expressed that bird flu is a worldwide public health problem therefore increasing awareness would be a solution to avoid its spread and complications. Public awareness campaign and home visit by veterinary officers are important strategies that can prevent AI infection transmission among domestic birds and man.

Dr. Keval Pandya, UNICEF Consultant, District Health Department gave detailed information on bird flu and precautions, its origin, history, symptoms. Human infection with highly infectious strains of bird flu is uncommon, with most infections occurring after exposure to infected birds or their droppings.

The Chief Guest of the Programme was Dr. Dinesh H. Patel, Director, Students’ Welfare & Programme Coordinator, NSS, AAU, Anand explained about Bird flu and most forms of the virus are restricted to birds. H5N1 is the most common form of bird flu. Although bird flu is contagious and spreads easily among birds, it is uncommon for it to be transmitted to humans.

The Vote of Thanks was delivered by Mr. Sachin S. Chinchorkar, NSS Programme Officer. The webinar was organized with the support and guidance from Dr. M. M. Trivedi, Principal, PAE, AAU, Dahod.



(25) 'National Science Day'

National Science Day is celebrated in India on 28 February every year to mark the discovery of the Raman Effect by Indian physicist Sir C. V. Raman. In 1986, the National Council for Science and Technology Communication (NCSTC) asked the Government of India to designate 28 February as National Science Day. The event is now celebrated all over India in schools, colleges, universities and other academic, scientific, technical, medical and research institutions.

Objectives of Celebrating National Science Day

- Promote active involvement of students and teachers in science related activity.
- Encourage students to ask questions and to get doubts cleared in different areas of science and promote their effective participation.
- Enable students to know about the latest developments in the fields of science and technology.
- Enhance interaction between scientists and students.
- Encourage scientific thinking and promote better understanding of concepts of pure science among students and teachers.
- To hold allied popular science activities under NSD themes, through workshops, Scientists Students Interaction programmes (SSIP) and various other science competitions.
- Convince to students about high intellectual value of science and to develop science culture.

The NSS Unit of Polytechnic in Agricultural Engineering, AAU Muvaliya Farm, Dahod, Vigyan Gurjari, Anand and Nehru Yuva Kendra, Dahod (Ministry of Youth Affairs and Sports, Govt. of India) has jointly organized a webinar on 'National Science Day- 'Future of STI: Impact on Education Skills and Work' on 05-03-2021. Mr. Ajit Jain, Youth Coordinator, NYK, Dahod welcomed all the Dignitaries like Dr. Y. R. Ghodasara, President, Vigyan Gurjari, Anand, Dr. H. R. Dabhi, Principal, Navjivan College, Dahod, Dr. M. M. Trivedi, Principal Polytechnic, Dahod, Dr. Dinesh H. Patel, Director, Students' Welfare & Programme Coordinator, NSS, AAU, Anand, Dr. Prashant Kunjdiya, Secretary, Vigyan Gurjari, Gujarat Prant, Faculties, students and NSS volunteers and briefed about the webinar. The faculty members, students and NSS volunteers actively participated in this webinar.

Dr. H. R. Dabhi, Principal, Navjivan College, Dahod explained if determination and enthusiasm is strong then nothing can stop us from achieving success in life, not even physical disabilities while referring the especially abled scientist like Prof. Stephen Hawking. He also stressed on the importance of discovery made by Sir C. V. Raman which we know as Raman Effect and its application in many scientific instruments and clinical diagnosis. Furthermore, he strongly recommended the students to remain curious and become good observers of daily natural and scientific phenomenon.

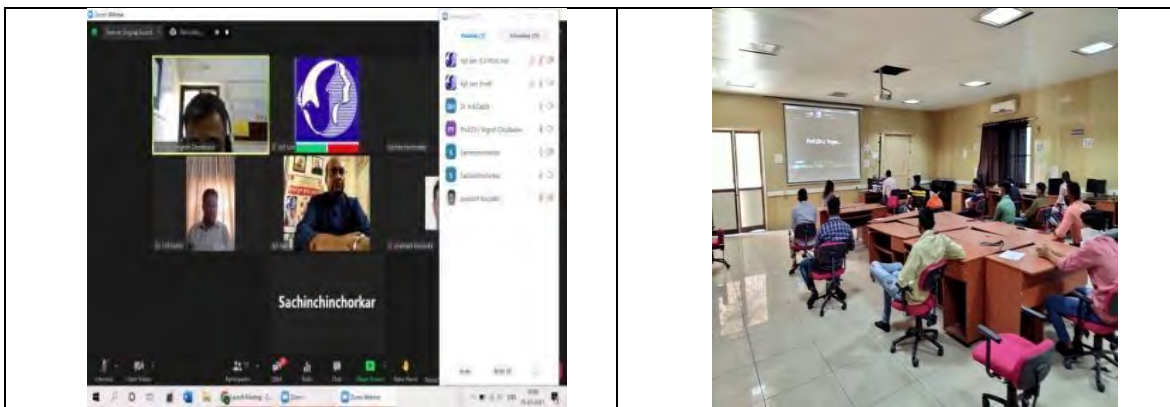
Dr. Y. R. Ghodasara, President, Vigyan Gurjari, Anand highlighted the

significance of celebrating the Science Day in remembrance of Sir C.V. Raman for receiving the noble prize for discovery of Raman Effect. He also has thrown light on the significance of science day and the theme of this year's science day and also the role of science and technology in our daily life. He explained how a creative thinking and observation can lead to win a scientific outlook. He expressed his views on how we should never fear to follow our dreams and never stop questioning.

Dr. Prashant Kunjdiya, Secretary, Vigyan Gurjari, Gujarat Prant has elaborated the role of students in the development and progression of research in the field of science and technology to take up challenges at a higher level and also highlighted the present day scenario of science and technology and added a note on the research areas gaining significance at India and global level. He appreciated the organizers and the department for an attempt in motivating the students to focus on the challenges and come up with innovative ideas on the theme.

Session was then open for quiz. The first rank was Vyas Surabha- College of AIT, Anand. Second rank was Zala Partik, Polytechnic in Agricultural Engg., Dahod. Third rank was Rami Isha Janakbhai-CAET, AAU, Godhra, Fourth rank was Ghada Afzal Ilyasbhai-CAET, AAU, Godhra, Fifth rank was Mukund Savaliya- College of AIT, Anand respectively. The Vote of Thanks was delivered by Mr. Sachin S. Chinchorkar, NSS Programme Officer extended to the Dignitaries, Faculty, Participants and NSS volunteers remained presence this webinar and prepared the guideline for the successful completion of this Webinar. The webinar was organized with the support and guidance from Dr. M. M. Trivedi, Principal, PAE, AAU, Dahod.





(26) 'Yoga and Meditation Awareness Programme'

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily in body and mind. Yoga postures, Pranayama and meditation are effective technique to release stress. Meditation rejuvenates the body and mind. With this aim in mind, a special session was organized by NSS unit of Polytechnic in Agricultural Engineering, AAU, Dahod on 18-03-2021 for the students, NSS volunteers and teaching and non-teaching staff. The Yoga sessions was taken by Dr. Chiragbhai, Yoga Instuctor. He taught various Asanas like Padmasanas, Sukhasan, Tadasana, Bhujang Asana, Shavasana. Exercises for relieving stress, reducing joint pain and enhancing the flexibility of the back were taught by him.

He motivated the staff and students conveyed the importance of making yoga an integral part of our daily life by extending the practice of yoga beyond the mat. The session concluded with an interactive session between the instructor and participants. Prof. Sachin S. Chinchorkar NSS Programme Officer proposed vote of thanks.





(27) Celebration of Shaheed Diwas

Major Outcomes of Event:

- Students became aware about Martyr's day
- Students learnt about their fundamental duties

Every year 23 march is celebrated as '*Shaheed Diwas*' with great passion and unity across India. The NSS Unit of Polytechnic in Agricultural Engineering, AAU, Muvaliya Farm, Dahod and Nehru Yuva Kendra, Dahod jointly organized '*Shaheed Diwas*' in remembrance of the three revolutionaries of India who were hanged to death by the British namely Bhagat Singh, Shivaram Rajguru and Sukhdev Thapar. Mr. Ajit Jain, Youth Coordinator, NYK, Dahod welcomed all the dignitaries, students, NSS volunteers and staff members. An Elocution competition was organized and prizes were distributed to the winners. It was very interacting speech with a good response from students. Mr. Sachin S. Chinchorkar proposed vote of thanks. The event was organized with the support and guidance from Dr. M. M. Trivedi, Principal, PAE, AAU, Dahod.



(28) Awareness Programme on Road Safety & Traffic

The NSS unit of Polytechnic in Agricultural Engineering, AAU, Muvaliya Farm, Dahod organized seminar on 'Road Safety and Traffic Awareness' on 23-03-2021 to create awareness about the road safety and traffic awareness society Dr. M. M. Trivedi, Principal, PAE, AAU, Dahod welcomed all the dignitaries Dr. Dinesh H. Patel, Director Students' Welfare & Programme Coordinator, NSS, AAU, Anand. Dr. N. S. Parmar, President, Parivartan Trust, Vallabh Vidya nagar, Dr. A. C. Vaidya, Unit Head, KVK, Dahod, Dr. Vikas Pali, Scientist, HMS, AAU, Dahod and Mr. Ajit Jain, Youth Coordinator, NYK, Dahod.

The Chief Guest Dr. Dinesh H. Patel Director, Students' Welfare & Programme Coordinator, NSS, AAU, Anand made aware the students about the road safety rules. He appealed that every citizen of our country should follow the road safety rules and wears a seatbelt while driving a car and wear a helmet while riding a two wheeler.

The speaker Dr. N. S. Parmar initiated his talk by pointing out the statistics about the road accidents. He informed the students about the measures that have to be followed to ensure road safety through exhibition and presentation. He also emphasized on the rules and regulations pertaining to road safety. The whole session was interactive and informative. He also provided information about women safety application that helps women during times of distress. Mr. Sachin S. Chinchorkar, NSS Programme Officer extended vote of thanks. The

webinar was organized with the support and guidance from Dr. M. M. Trivedi, Principal, PAE, AAU, Dahod.

