

SRC & NSS Unit of Polytechnic in Agricultural Engineering Hosts BMI Health Check-Up Event on 06/04/2024

The Polytechnic in Agricultural Engineering, under the esteemed Anand Agricultural University (AAU), is gearing up for a comprehensive BMI Health Check-Up event scheduled for the 6th of April, 2024. This initiative, organized by the Student Representative Council (SRC) and NSS Unit in jointly collaboration with the college administration, aims to prioritize the health and well-being of students and staff alike.

The event will be graced by the esteemed presence of Dr. Farid Sayyad, Chairman of the Student Representative Council, and Dr. B.K. Yaduvanshi, the distinguished Principal & NSS Programme officer of the Polytechnic in Agricultural Engineering. Both leaders have expressed their unwavering commitment to fostering a culture of health awareness and proactive wellness within the campus community.

BMI, or Body Mass Index, is a crucial indicator of one's overall health status, providing valuable insights into weight management and potential health risks. Through this health check-up, students and staff will have the opportunity to assess their BMI levels and receive personalized guidance on maintaining a healthy lifestyle.

"We believe that prioritizing health and well-being is fundamental to academic excellence and personal growth," stated Dr. Farid Sayyad, SRC Chairman. "Our aim is to empower every member of our college community with the knowledge and resources they need to make informed decisions about their health."

Echoing these sentiments, Dr. B.K. Yaduvanshi emphasized the importance of proactive health initiatives in academic institutions. "As educators, it is our responsibility to not only nurture intellectual development but also to promote the holistic well-being of our students. Events like these underscore our commitment to cultivating a healthy and thriving campus environment."

Furthermore, I would like to express my appreciation to the dedicated team of Polytechnic Mr.S.S.Chinchorkar, Er.M.S.Khardiwar, Er.J.B.Bhimani, Er.D.M.Paradava and Dr. Zeal Acharya professionals and volunteers who contributed their time and expertise to ensure the smooth execution of the event.

The BMI Health Check-Up event will feature qualified healthcare professionals who will conduct the measurements in a confidential and supportive setting. Additionally, students and staff will have the opportunity to engage in informative sessions on nutrition, fitness, and overall wellness.

The Polytechnic in Agricultural Engineering encourages all students and staff members to participate in this transformative event and take proactive steps towards prioritizing their health. Together, let us embark on a journey towards a healthier and happier future. The whole programme was framed by Dr.F.G.Sayyad under the guidance of Dr.B.K.Yaduvanshi.

