



**College of Agricultural Information Technology**  
**Anand Agricultural University, Anand**



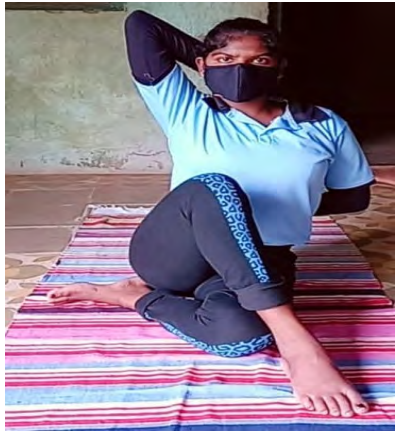
## **Celebration of International Yoga Day**

### **(21<sup>st</sup> June, 2021)**

21<sup>st</sup> June is Globally celebrated as “International Yoga Day”. Over the past one and a half year, Yoga has gained more importance due to the Corona Virus Pandemic, and accordingly the theme for International Yoga Day 2021 has been decided by the UN to be “Yoga for Well-Being”. Practicing Yoga can help in physical and mental happiness and promote the holistic health of every individual. The College of Agricultural Information Technology, AAU, Anand celebrated the “International Yoga Day” as per the Guidelines of The Ministry of AYUSH (CYP - Common Yoga Protocol's), Government of India, on June 21, 2021.

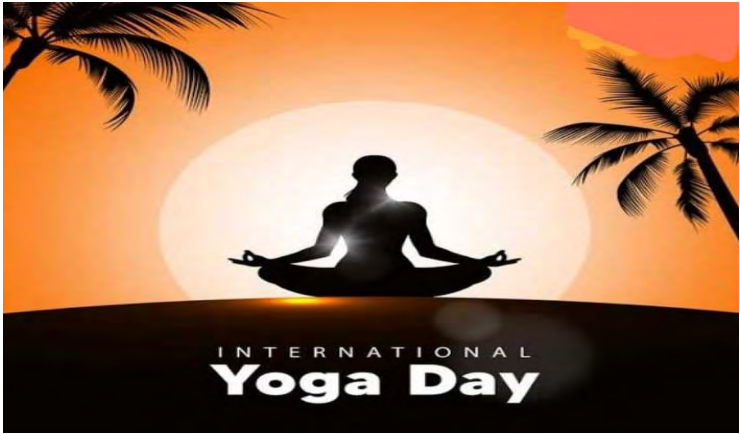












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